

GADJAH PUTIH PENCAK SILAT

Weekend seminar with Maha Guru Roedy Wiranatakusumah



What: Pencak Silat Gajah Putih Seminar

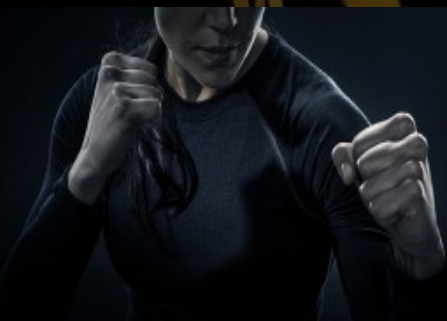
Where: Ancient Fire, 15 West 2nd Ave, Vancouver BC

When: 12-6, Sat Nov 11, 10-4 Sun Nov 12

Cost: 150\$ for two days of training (120\$ early bird, sign up before Oct 22, Single day option available)

Seminar will be held at Ancient Fire, hosted by Guro Loki of Maelstrom Martial Arts and include special guest *Maha Guru* Roedy Wiranatakusumah.

Come join us for this unique martial and cultural event! Topics covered include: defensive application of the jurus (movement forms) of Gajah Putih Pencak Silat, pernafasan (breathing forms) as they relate to healing and conditioning and application of the Golok and Kerambit.



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